

## The Autobiography The Sunday Times Bestseller

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Odd Boy Out Hachette UK

**THE SUNDAY TIMES BESTSELLER** Sometimes it feels so hard to love yourself. We worry that we're not good enough or we're being selfish if we take time to prioritise what we need. But self-love is so important and even if we're our own biggest critic, it can be done! You deserve better xxx Hands up if you're fed up with being told you need to go on this diet, you need to behave this way, or you probably shouldn't wear this outfit...the list goes oooooon. Anne-Marie's been told these things her whole life too and they didn't make her feel any better. But now, she's discovered the simple tools that mean she treats herself with the love and respect she needs and this, in turn, means she's able to go out into the world and be as strong, confident and true to herself as she can be. And she wants YOU to be able to do the same. You Deserve Better is the must-read book from singer-songwriter Anne-Marie that doesn't give you fluffy promises about self-care but speaks honestly about body image, mental health, being successful at work and more. It's the real advice that every person needs to hear to be happier in themselves and in the world. Cause you know what? YOU DESERVE BETTER.

*Tomorrow Will Be A Good Day* Simon and Schuster

Embark on an echanting journey into our country's past hundred years through the remarkable life of Captain Sir Tom Moore \*\*\* **THE SUNDAY TIMES NO 1 BESTSELLER** \*\*\* 'A wonderful life story with lessons for us all . . .

beautifully written' **DAILY TELEGRAPH** 'Gloriously enthralling' **DAILY MAIL** From his humble Yorkshire childhood, via the battlefields of Burma and the peaks of the Himalayas, to becoming the NHS and the nation's hero during Lockdown, this is a journey for all of us. \_\_\_\_\_

Who is Captain Sir Tom Moore? You've seen him on the television walking the length of his garden. A frail elderly man, doing his bit at a time of crisis. But he wasn't always like this. Where did he come from? Where was he made? From a childhood in the foothills of the Yorkshire Dales, Tom Moore grew up in a loving family, which wasn't without its share of tragedy. It was a time of plenty and of want. When the storm clouds of the Second World War threatened, he raised his hand and, like many of his generation, joined up to fight. His war would take him from a country he had never left to a place which would steal his heart, India, and the Far East, to which he would return many years later to view the sight he had missed first time around: the distant peak of Everest. Captain Tom's story is

our story. It is the story of our past hundred years here in Britain. It's a time which has seen so much change, yet when so much has stayed the same: the national spirit, the can-do attitude, the belief in doing your best for others. In this rich, happy life packed with incident you will encounter time and again the curiosity, courage and generosity that saw Captain Tom look around him during our current crisis and decide that something had to be done . . . 'Engaging . . . His upbeat nature shines through and reminds us how much worse this year would have been without him' **Evening Standard** 'A wonderful read. Captain Tom is a beacon of light, and hope, and positivity' **Piers Morgan, Life Stories, ITV** 'A great book' **Good Morning Britain** 'A beautiful book. We have so much to learn from Captain Sir Tom' **Chris Evans, Virgin Radio** 'Fascinating. It's the life story of an ordinary man who is extraordinary' **Michael Ball, BBC Radio 2**

**How to be Champion** Michael Joseph  
Longlisted for Autobiography of the Year, Sports Book Awards 2022 The Instant Sunday Times Bestseller 'Honest and moving – everything a memoir should be' **The Sun** 'An illuminating look at what it takes to be an Olympian ... in this story, passion reigns supreme' **Cosmopolitan**

Captain Tom's Life Lessons Random House

When Bercow retired as Speaker of the House of Commons on 31st October, he had become one of the most recognisable and iconoclastic figures in British politics, and had created a vacancy of huge importance. As Speaker since 2009 he had a ringside seat during one of the most febrile periods in modern British history, presiding over the Commons while it had to contend with key issues such as austerity in the light of the financial crisis; the coalition government between the Conservatives and Liberal Democrats; and of course the most intractable problem of all, how to deliver on the 2016 referendum decision that Britain should leave the EU.

Lucky Two Roads

An intimate, powerful, and inspiring memoir by the former First Lady of the United States #1 **NEW YORK TIMES BESTSELLER** • WATCH THE EMMY-NOMINATED NETFLIX ORIGINAL DOCUMENTARY • OPRAH'S BOOK CLUB PICK • NAACP IMAGE AWARD WINNER • ONE OF ESSENCE'S 50 MOST IMPACTFUL BLACK BOOKS OF THE PAST 50 YEARS In a life filled with meaning and accomplishment, Michelle Obama has emerged as one of the most iconic and compelling women of our era. As First Lady of the United States of America—the first African American to serve in that role—she helped create the most welcoming and inclusive White House in history, while also

establishing herself as a powerful advocate for women and girls in the U.S. and around the world, dramatically changing the ways that families pursue healthier and more active lives, and standing with her husband as he led America through some of its most harrowing moments. Along the way, she showed us a few dance moves, crushed Carpool Karaoke, and raised two down-to-earth daughters under an unforgiving media glare. In her memoir, a work of deep reflection and mesmerizing storytelling, Michelle Obama invites readers into her world, chronicling the experiences that have shaped her—from her childhood on the South Side of Chicago to her years as an executive balancing the demands of motherhood and work, to her time spent at the world's most famous address. With unerring honesty and lively wit, she describes her triumphs and her disappointments, both public and private, telling her full story as she has lived it—in her own words and on her own terms. Warm, wise, and revelatory, *Becoming* is the deeply personal reckoning of a woman of soul and substance who has steadily defied expectations—and whose story inspires us to do the same.

*And Away...* Penguin UK

Francis Benali is a Southampton Football Club legend and a celebrated charity endurance athlete, and he's ready to tell his story.

*Tomorrow Will Be A Good Day* Penguin UK

Brian Johnson's memoir from growing up in a small town to starting his own band to ultimately replacing Bon Scott, the lead singer of one of the world's biggest rock acts, AC/DC. They would record their first album together, the iconic *Back in Black*, which would become the biggest selling rock album of all time. Brian Johnson was born to a steelworker and WWII veteran father and an Italian mother, growing up in New Castle Upon Tyne, England, a working-class town. He was musically inclined and sang with the church choir. By the early '70s he performed with the glam rock band Geordie, and they had a couple hits, but it was tough going. So tough that by 1976, they disbanded and Brian turned to a blue-collar life. Then 1980 changed everything. Bon Scott, the lead singer and lyricist of the Australian rock band AC/DC died at 33. The band auditioned singers, among them Johnson, whom Scott himself had seen perform and raved about. Within days, Johnson was in a studio with the band, working with founding members Angus and Malcolm Young, Cliff Williams, and Phil Rudd, along with producer Mutt Lange. When the album, *Back in Black*, was released in July—a mere three months after Johnson had joined the band—it exploded, going on to

sell 50 million copies worldwide, and triggering a years-long worldwide tour. It has been declared "the biggest selling hard rock album ever made" and "the best-selling heavy-metal album in history." The band toured the world for a full year to support the album, changing the face of rock music—and Brian Johnson's life—forever.

*A Keeper* Random House

The story of a railway worker's son who became one of the most powerful, outspoken and charismatic figures in European theatre. Sir Peter Hall has been director of the Royal Shakespeare Company, artistic director of Glyndebourne, and director of Britain's National Theatre from 1973 to 1988. He has directed over 150 productions of plays, operas and films, and now runs his own acclaimed theatre company.

*It Wasn't Meant to Be Like This* Vintage

The number one bestseller and Sunday Times Humour Book of the Year by national treasure Bob Mortimer. 'The most life-affirming, joyful read of the year' - Sunday Times 'Winningly heartfelt' - The Guardian 'A triumph' - Daily Mail Bob Mortimer's life was trundling along happily until suddenly in 2015 he was diagnosed with a heart condition that required immediate surgery and forced him to cancel an upcoming tour. The episode unnerved him, but forced him to reflect on his life so far. This is the framework for his hilarious and moving memoir, *And Away...* Although his childhood in Middlesbrough was normal on the surface, it was tinged by the loss of his dad, and his own various misadventures (now infamous from his appearances on *Would I Lie to You?*), from burning down the family home to starting a short-lived punk band called Dog Dirt. As an adult, he trained as a solicitor and moved to London. Though he was doing pretty well (the South London Press once crowned him 'The Cockroach King' after a successful verdict), a chance encounter in a pub in the 1980s with a young comedian going by the name Vic Reeves set his life on a different track. And now, six years on, the heart condition that once threatened his career has instead led to new success on BBC2's *Gone Fishing*. Warm, profound, and irrepressibly funny, *And Away...* is Bob's full life story (with a few lies thrown in for good measure.)

*The Lives of Brian* HarperCollins

The story of the man who captured the heart of a nation in its darkest days, Captain Sir Tom Moore. This fully illustrated book is about life's ups and downs, about family, about never giving up, and about what we can achieve when we work together. This is an inspirational picture book, published in support of the creation of the Captain Tom Foundation, which tells the incredible story of the man who walked 100 laps of his garden and captured the heart of a nation. Fully illustrated for younger readers, and following the key moments from Captain Tom's incredible life, the book shows what is possible when we come together and never, ever give up. A book to encourage you with Captain Tom's

inspirational words on the highs and lows that life has in store for us all. "A wonderful book, fit for a hero of the people" - Michael Morpurgo

**Life's What You Make It** Penguin

From Graham Norton—the BAFTA Award-winning Irish television host and author of the "charming debut novel" (New York Journal of Books) Holding—a masterly and haunting tale of secrets and ill-fated love follows a young woman as she returns to Ireland after her mother's death and unravels the identity of her father. When Elizabeth Keane returns to Ireland after her mother's death, she's focused only on saying goodbye to that dark and dismal part of her life. Her childhood home is packed solid with useless junk, her mother's presence already fading. But within this mess, she discovers a small stash of letters—and ultimately, the truth. Forty years earlier, a young woman stumbles from a remote stone house, the night quiet except for the constant wind that encircles her as she hurries deeper into the darkness away from the cliffs and the sea. She has no sense of where she is going, only that she must keep on. With wistful and evocative prose, *A Keeper* is sure to appeal to "fans of sensitive character studies"

(Publishers Weekly) and brilliantly illustrates Graham Norton's clear-eyed understanding of human nature and its darkest flaws.

**Till the Cows Come Home** Open Road + Grove/Atlantic

THE UPLIFTING AND HEARTWARMING LOVE LETTER TO FAMILY AND THE GREAT OUTDOORS 'Cox is a natural storyteller... she brings that authentic voice to bear in her memoir. The tone is so intimate, chatty and friendly, so you feel as though she could be sitting next to you' Hannah Beckerman, Daily Express 'endearing, engaging and very funny' Mirror 'Coxy's memoir about growing up on a farm is as funny as you'd expect, genuinely touching and has some excellent 80s and 90s details. Her love of animals is infectious' Alexandra Heminsley, Grazia 'The book is like a big warm hug, full of local characters and misadventures' Sophie Heawood, Observer 'Made me laugh out loud...I loved it!' Lynda La Plante 'Glorious springtime, haystacks and a herd of cows can all be found in this' Sunday Times Bestseller 'Warm and witty' - Express A funny and heart-warming love letter to childhood, family and growing up. *Till the Cows Come Home* is DJ and TV presenter Sara Cox's wonderfully written, funny coming of age memoir of growing up in 1980s Lancashire. The youngest of five siblings, Sara grew up on her father's cattle farm surrounded by dogs, cows, horses, fields and lots of 'cack'. The lanky kid sister - half girl, half forehead - a nuisance to the older kids, the farm was her very own dangerous adventure playground, 'a Bolton version of Narnia'. Her writing conjures up a time of wagon rides and haymaking and agricultural shows, alongside chain smoking pensioners, cabaret nights at the Conservative club and benign parenting. Sara's love of family, of the animals and the people around

them shines through on every page. Unforgettable characters are lovingly and expertly drawn bringing to life a time and place. Sara later divided her childhood days between the beloved farm and the pub she lived above with her mother, these early experiences of freedom and adventure came to be the perfect training ground for later life. This funny, big-hearted and often moving telling of Sara Cox's semi rural upbringing is not what you'd expect from the original ladette, and one of radio's most enduring and well loved presenters.

**Coming Up for Air: What I Learned from Sport, Fame and Fatherhood** Penguin UK

SHORTLISTED FOR THE SUNDAY TIMES SPORTS BOOK AWARDS 2022 'Anyone wanting an example of never being beaten should look at the incredible Francis Benali.' - Alan Shearer 'Honest, revealing story of a strong man who pushed his body to its limits and beyond on and off the pitch. Incredible read.' - Henry Winter, The Times 'The iron man with a will of steel and a heart of gold. Truly fran-tastic!' - Jeff Stelling, Soccer Saturday ----- Francis Benali is a Southampton Football Club legend and a celebrated charity endurance athlete, and he's ready to tell his story. Francis 'Franny' Benali played football for 20 years for Southampton FC in nearly 400 games, almost his entire career. His utter dedication to the club caused him to be a hero to Saints fans around the world. Written with the acclaimed Daily Mail sportswriter Matt Barlow, this book details Benali's humble beginnings and has countless tales involving players, managers, and matches detailing Benali's illustrious football career. But his story is much more than that. The intense commitment he had as a player found a new outlet in the world of endurance sport. Through Ironman triathlons and marathons, he has raised more than £1 million for Cancer Research UK. Benali's story shows us what can be achieved through dedication and commitment on and off the pitch. Through football and charity, he has made a positive difference in countless people's lives. His is truly an inspirational story.

**Will** Simon and Schuster

'What a story and what an inspirational human. Ed is a total legend.' Joe Wicks 'A life-affirming story . . . inspirational' Tim Peake As seen in the Daily Mail From tragedy to triumph, one step at a time - an inspirational story of triumph over adversity against the odds

Dostoevsky in Love HarperCollins UK

INTERNATIONAL BEST SELLER • A smart, sexy, laugh-out-loud romantic comedy about ex-boyfriends, imperfect parents, friends with kids, and a man who disappears the moment he says "I love you"—from the bestselling author of *Everything I Know About Love*. "An absolute knock-out. Wickedly funny and, at turns, both cynical and sincere... feels like your very favorite friend." —Taylor Jenkins Reid, author of *Malibu Rising* Nina Dean is not especially bothered that she's single. She owns her own apartment, she's about to publish her second book, she has a great relationship with her ex-boyfriend, and enough friends to keep her social calendar

full and her hangovers plentiful. And when she downloads a dating app, she does the seemingly impossible: She meets a great guy on her first date. Max is handsome and built like a lumberjack; he has floppy blond hair and a stable job. But more surprising than anything else, Nina and Max have chemistry. Their conversations are witty and ironic, they both hate sports, they dance together like fools, they happily dig deep into the nuances of crappy music, and they create an entire universe of private jokes and chemical bliss. But when Max ghosts her, Nina is forced to deal with everything she's been trying so hard to ignore: her father's dementia is getting worse, and so is her mother's denial of it; her editor hates her new book idea; and her best friend from childhood is icing her out. Funny, tender, and eminently, movingly relatable, *Ghosts* is a whip-smart tale of relationships and modern life.

*Becoming* Penguin

The compelling, witty and remarkably honest autobiography from beloved star of *Just a Minute*, *QI*, *Have I Got News For You* and *Celebrity Gogglebox* THE SUNDAY TIMES BESTSELLER 'Hilarious, ribald, eye-popping, unforgettable, will make you laugh out loud' DAILY MAIL 'Warm, witty, charming. A moving and very affectionate family history. An enthusiast for life' THE TIMES \_\_\_\_\_ Enter the world of Gyles Brandreth - broadcaster, actor, writer, former politician - as he takes us on an extraordinary journey into his past. From growing up in an apparently well-to-do but strapped-for-cash middle-class English family to his adventures in swinging London, Gyles encounters princes, presidents, pop stars and prime ministers, gets involved in everything from setting up Scrabble championships to examining Danish sex shops, and thrills us with countless tales of family, friends and acquaintances, both famous and infamous. Filled with incredible and sometimes shocking stories, *Odd Boy Out* is the story of Gyles Brandreth's fascinating life told with his unique wit and charm. \_\_\_\_\_ 'Staggeringly brilliant, funny and touching, I loved it' JOANNA LUMLEY 'Light-hearted and dark events alike are described with his customary jaunty style, making them funny, moving and sometimes deeply shocking' Sheila Hancock

**Making an Exhibition of Myself: the autobiography of Peter Hall** Bloomsbury Publishing

Hilarious, heartwarming and inspirational, this is the number 1 Sunday Times bestselling autobiography by comedian Sarah Millican. The funniest book of the year! \*\*\*\*\* 'The naughtiest, helpiest, laughieoutloudiest and goodest book I've ever done reading on. Give that girl a banana!' DAWN FRENCH SARAH MILLICAN'S AUTOBIOGRAPHY WILL MAKE YOU LAUGH, FEEL NORMAL AND PROBABLY SNIFF YOUR LEGGINGS. Part autobiography, part self help, part confession, part celebration of being a common-or-garden woman, part collection of

synonyms for nunny, Sarah Millican's debut book delves into her super normal life with daft stories, funny tales and proper advice on how to get past life's blips - like being good at school but not good at friends, the excitement of IBS and how to blossom post divorce. If you've ever worn glasses at the age of six, worn an off-the-shoulder gown with no confidence, been contacted by an old school bully, lived in your childhood bedroom in your thirties, been gloriously dumped in a Frankie and Benny's, cried so much you felt great, been for a romantic walk with a dog, worn leggings two days in a row even though they smelt of wee from a distance, then this is YOUR BOOK. If you haven't done those things but wish you had, THIS IS YOUR BOOK. If you just want to laugh on a train/sofa/toilet or under your desk at work, THIS IS YOUR BOOK. 'Of course Sarah Millican's book will make you laugh out loud, but there are moments where she will touch you deeply. The dirty bitch.' KATHY BURKE

*Ghosts* Penguin UK

"Sleep is one of the most important but least understood aspects of our life, wellness, and longevity ... An explosion of scientific discoveries in the last twenty years has shed new light on this fundamental aspect of our lives. Now ... neuroscientist and sleep expert Matthew Walker gives us a new understanding of the vital importance of sleep and dreaming"--Amazon.com.

*Rise: The Brand New Autobiography* Weidenfeld & Nicolson

This is the definitive story of Don Revie, a player and manager who singlehandedly changed the face of English football but left behind a legacy shrouded in allegations of corruption and dishonesty. Whenever the greatest managers the game has ever produced are mentioned, names like Busby, Shankly, Paisley and Ferguson always trip off the tongue. Despite dominating the game in the late 1960s and 70s, there is clearly one name missing, the former Leeds United and England manager Don Revie. Don Revie was one of the most complex and controversial men ever to grace the game of football. As a player he was crowned footballer of the year and credited with creating the modern center-forward. As a manager, he took a Leeds United side languishing in the lower half of the second division and turned them, not only into league champions, but one of the most dominant sides in the country. In 1974, as Sir Alf Ramsay ran out of time as England manager, it was to Revie, that the Football Association turned. With England, Revie lost the magic touch he had at Leeds and became increasingly indecisive. Having failed to qualify for the European Championships in 1976 and on the brink of going out in the qualifying stages of the 1978 World Cup, Revie feared the sack. After negotiating a big money contract with United Arab Emirates Revie became the first man to walk out on the England job. Then came the backlash. Branded a traitor and banned from the game for 10 years, the press declared open season on Revie. Accused of offering

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bribes to throw matches, Revie's reputation was destroyed. Shunned by the football establishment, when he died just 12 years after walking out on England the FA did not even send a representative to his funeral. His death robbed him of the opportunity ever to rebuild his reputation as one of the most important figures ever seen in English football. The life and times of this multifaceted, enigmatic, pioneering football man, have still never been fully explored and explained in detail before. Based on exclusive interviews, this is the first biography to examine in depth the secrets of Revie's life. The book also reveal how today's football owes so much to Don Revie, in order to redeem the reputation of Don Revie for the first time ever, so that he can finally take his rightful place among the greats of the game.

*The 24/7 Body* National Geographic Books

The long-awaited autobiography from one of Australia's most popular, much-loved and enduring media stars, Lisa Wilkinson. Lisa Wilkinson has lived much of her life in the public eye. One of Australia's most respected journalists and media personalities, her warm, intelligent and elegant presence has graced our television screens for many years, where she has shared, shaped and even shifted many important national conversations. But it all could have been so different ... Subjected to horrific bullying as a teenager, Lisa survived by making herself as small as possible. But she swore when she left school that no one was ever again going to determine who she was - or limit what she was capable of. That determination and drive led to Lisa blazing an unprecedented and enormously successful trail through the Australian media and cultural landscape for more than four decades. An early ground-breaking career in publishing - at 21, Lisa was the youngest editor ever appointed to take charge of a national magazine, *Dolly*, before spending ten years as editor of the iconic *Cleo* magazine - then led to a stunning television success story. This included spending more than a decade as co-host of the Nine Network's *Today* show, before she caused a media storm across Australia and the world on the issue of the gender pay gap, when she moved to the Ten Network as co-host of its prime-time award-winning program *The Project*. *It Wasn't Meant to Be Like This* is the story of how a young girl from Sydney's western suburbs came to be such a force in Australian cultural life. It is a story that is honest, funny, engaging - and powerfully inspirational. 'Told with humour and a 'did this really happen to me' relatability ... generous and gracious' *The Daily Telegraph*